

lunch menu

11:30am – 2:30pm • monday - sunday



● TO START

original metz pizza bread | woodfired base | house napoli | mozzarella | garlic | v, vgo, gfo | 17

oven baked brie, honey & thyme | garlic crostini | caramelised onion | (for 2) | v, gfo | 24

mozzarella & bacon pull apart bread | spring onion | whipped garlic butter | 22

● SMALL PLATES

crispy szechwan soft shell crab | vietnamese mayo | pickled chilli | 24

tempura peppered chicken | honey & sesame dressing | micro greens | 24

pepper crusted eye fillet carpaccio | olive tapenade | thyme romesco | parmesan crisp | gf | 24

pan seared scallops sourced from stanley bay | pea & wasabi puree | pickled enoki | black sesame, kombu & seaweed crumb | apple pearls | gf | 24

salt and pepper tofu | chilli, spanish onion & cucumber salsa | chilli jam | v, vg, gf | 20

salmon rilette | horseradish crème | crostini | flying fish roe | gfo | 23

seasonal soup | our waitstaff will advise you of our chef's current creation | served with sourdough | gfo | 18

● LARGE PLATES

metz signature calamari salad | mesclun | tomato | sweet potato | pickled red onion | danish fetta | sunflower seeds | aioli | sweet soy dressing | sesame vinaigrette | gfo | 28

fresh caught flake | crisp pressman's cider batter | house salad | chips | tartare | citrus | 29

japanese style buttermilk chicken burger | lettuce | pickled cucumber | smoked cheddar | ponzu | sweet potato fries | seaweed salt | kewpie mayo | 24.5

chickpea & red lentil salad | sprouts | cucumber | spring onion | spiced & battered cauliflower | herbed vinaigrette | house ranch | v, vg, gf | 25

tasmanian hot smoked salmon salad | spring greens | black rice | lemon mustard dressing | gf | 25

traditional vietnamese pho | house beef broth | rice noodles | thin sliced eye fillet | pak choi | carrot | bean shoots | shallots | mint | coriander | chilli | lime | gf | 27

house made ricotta gnocchi | rosé sauce | asparagus | spinach | cherry tomatoes | v | 24 | add chicken 6 | add prawns 8

black bean summer bowl | tropical fruit | avocado | tomato | chickpeas | pea shoots | corn | pickled onion | pickled carrot | lime | v, vg, gf | 25 | add chicken 5 | add tofu 4

house made corn & chickpea burger | crisp cos | relish | tomato | caramelised onion | sweet potato fries | v, vg | 24

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● SIDES

sweet potato fries | aioli | gfo | 8.5

beer battered fries | aioli | gfo | 8

house salad | spring leaves | tomatoes | pickled red onion | danish fetta | sweet potato | sunflower seeds | sesame vinaigrette | v, gf | 10

additional condiments | aioli, bbq sauce, house jus, citrus | 2 ea

● WOOD-FIRED PIZZAS

our hand rolled 12 inch wood fired pizzas are served with fresh house made tomato napoli & mozzarella | gluten free bases and vegan cheese available | please request at time of placing order – add 2 ea additional toppings can be added on request for a surcharge

margherita | fresh sliced tomato | fior di latte mozzarella | basil | v, vgo | 22

two taters | sweet potato | chat potato | fetta | caramelised onion | roasted garlic | rosemary salt | sticky balsamic | v, vgo | 23

the islander | smoked bacon | pineapple | mozzarella | 23

the meatz | salami | pepperoni | smoked bacon | chorizo | house bbq sauce | 26.5

bok-bok-que | wood fired chicken | smoked bacon | pineapple | spanish onion | house bbq sauce | 26

fiesta | cubed eye fillet | fresh salsa | sour cream | corn chips | 28

the decoy | roast duck | wild mushrooms | ashed chèvre | spring onion | sweet pickled red onion | mozzarella | 29

'66 vespa | salami | fresh prosciutto | fior di latte mozzarella | sicilian olives | 29

the captain | hot smoked salmon | calamari | prawns | crispy capers | dill | lemon cheek | 30

pot of gold | rainbow beets | sweet potato | spinach | caramelised onion | cashew mint cream | vegan cheese | v, vg | 27.5

mr kransky | cheese kransky | creamy thyme bechamel | caramelised onion | sage | 28.5

bianco tartufo | field mushrooms | creamy thyme béchamel | truffle oil | parmesan | rocket | v | 28.5 | add fresh prosciutto 4.5